

Language

Gestures & Meanings

- I can use early gestures like giving and reaching to get you to do something.**
 - Give you my sippy cup to get you to fill it up
 - Reach for the crackers I want you to give me
 - Turn my head away from something I don't want
 - Push away an object I don't want
 - Raise my arms to ask you to pick me up



Sounds & Words

- I can use my voice to make different sounds to let you know how I feel.**
 - Make joyful sounds while we play to let you know I am happy
 - Use a frustrated tone in my voice when you offer me a snack I don't want
 - Make three different vocal sounds, like fussing, laughing, or blowing raspberries
 - Make two different vowel sounds like *oooh*, *a-a-a*, or *eee*
 - Use consonant and vowel sounds together like *mamama*, *woo woo*, *gaga*, or *dada*

Play

Using Actions with Objects

- I can explore objects and repeat different actions with objects.**
 - Bang the pots and pans to make music
 - Chew on my plastic ring, then shake it and bang it
 - Bang my sippy cup on my tray, then tip it over, and bang it again
 - Tug on my sock and pull it off
 - Push the block off the table, smile when you give it back, then drop it again and laugh



Social Sharing with Objects

- I enjoy and anticipate your actions.**
 - Look at you and give you my spoon when I'm done eating
 - Pull the cloth off your head, laugh when you say peek-a-boo, and give it back to do it again
 - Take my favorite book out of a box and give it to you to read
 - Hold my arms up to help you get my shirt on
 - Hold out my hand, make a happy noise, and take a cracker you hand me

Social Interaction

Social Attention

- I notice you and what you're looking at.**
 - Watch as you put dishes away while I eat my snack
 - Notice a picture you point to in a book, then look at you and look back at the book
 - Look at you when you get my favorite bath toy and give it to me
 - Watch you as you walk over to my crib and raise my arms for you to pick me up
 - Look at you to check in regularly while you push me in the grocery cart



Intentional Communication

- I can let you know what I want and what I don't want.**
 - Reach up and look at you when I want you to pick me up
 - Push away the oatmeal bowl when I don't want any more
 - Reach toward the banana I want on the counter and look back at you
 - Use an upset voice when I have a boo-boo to get you to comfort me
 - Make a silly sound and pat your arm to get you to pay attention to me

Emotional Regulation

Sharing & Managing Emotions

- I can share happy moments when I interact with you.**
 - Look toward you when you say I'm gonna get you and then crawl away from you giggling
 - Bounce and smile when you walk in the room and raise my arms to be picked up
 - Look at you and make playful sounds when you change my diaper
 - Pull on the blanket you're hiding under and laugh when I find you
 - Look at you, smile, and make a happy sound when you squeak my favorite toy



Regulating Challenging Moments

- I can share sad or frustrated feelings to get you to comfort me.**
 - Cry and reach my arms out to you when I fall down trying to pull up on the furniture
 - Use a frustrated tone in my voice and look at you for help when I can't pick up a piece of banana from my tray
 - Push your hand away and use a fussy voice to let you know I don't want my jacket on
 - Cry, raise my arms, and look at you to get you to hold me when I realize you are leaving for work
 - Reach to you for comfort when something scares me

Self-Directed Learner

Understanding Messages

- I can guess what you're about to do and use "hints" around me to understand your message.**
 - Drop toys in the tub when you run the water because I figure out it's time for my bath
 - Reach for my bib when you put me in my high chair because I realize it's time to eat
 - Put my hands under the running water when you say *Let's wash your hands*
 - Get my shoes when you point to them and say *It's time to go*
 - Pull up my shirt and giggle when you say I'm gonna get you with a playful voice



Creating New Ideas

- I notice you and listen to your voice to guide my actions.**
 - Respond with a loud voice in my crib to answer back when I hear you call for me
 - Crawl into your lap and pull on your sleeve to get your attention when you are on the phone
 - Pull off my bib when you say *All done* after snack
 - Stop right away when you say *No-no-no* in a firm voice as I touch something I shouldn't
 - Hold up my hands and open and close them when you start singing *Twinkle Twinkle Little Star*