

Language

Gestures & Meanings

- I can use my hands to take things and move my body toward what interests me.
 - Reach out to touch your hair or jewelry
 - Wiggle and scoot closer to something I'm interested in
 - Reach to grab bubbles in the bathtub
 - Reach out to pick up a piece of banana from my high chair tray
 - Hold a toy in one hand and reach out to pat the dog



Sounds & Words

- I can make different noises with my mouth and different sounds.
 - Make excited squealing noises as I crawl toward you on the floor
 - Whine when I drop my toy out of reach
 - Make raspberry noises so you'll laugh again
 - Say "ba ba ba" while I'm bouncing in my swing
 - Make sounds like "ma ma ma" while waiting for my food to be ready

Play

Using Actions with Objects

- I can grasp, hold, bang, mouth, and let go of objects to explore how they work.
 - Shake a rattle to make noise
 - Bring a toy to my mouth to chew on it
 - Hold a toy in each hand and bang them together
 - Grab, bang, and drop plastic spoons on the kitchen floor
 - Reach out with both hands to touch a stuffed animal



Social Sharing with Objects

- I am interested in exploring objects with you and noticing your reactions.
 - Reach to take a toy you give me while you're changing my diaper
 - Laugh when you hide behind the blanket and then reappear
 - Watch to see if you notice when I make a loud noise playing with pots and pans
 - Hold my spoon out while I'm eating and notice that you're watching
 - Bounce and kick my legs in my car seat and look to see if you're watching me

Social Interaction

Social Attention

- I notice you, look at you often, and can easily shift my attention to you when you talk or gesture.
 - Watch you wash the dishes while I eat my snack
 - Giggle and look at you when you are about to tickle my toes
 - Look up at you when you walk in the room, even if I'm playing with toys
 - Watch as you sing and clap your hands and reach out to touch them
 - Crawl to you as you call my name and hold out your arms



Intentional Communication

- I am learning you are the agent of change.
 - Reach and look at you when you're holding something I want
 - Use a loud voice and then notice that I got your attention
 - Turn away from you when I'm finished eating
 - Cry and look to you for help when I've dropped something
 - Kick my feet excitedly and look at you when I see you coming to pick me up

Emotional Regulation

Sharing & Managing Emotions

- I can smile, laugh, and use my voice when I'm happy.
 - Laugh and look at you when you make a silly noise
 - Squeal with excitement when Grandma is about to pick me up
 - Make happy sounds when I see you coming with my cup
 - Giggle and look at you when the dog licks my arm
 - Bounce up and down and use my excited voice when big brother comes in the room



Regulating Challenging Moments

- I can use different actions and sounds, in addition to crying, when I'm upset.
 - Cry and lay my head on my tray when my spoon falls down
 - Whine and kick away my diaper while you're trying to change me
 - Grab your arm and cry when you have to take the remote out of my hands
 - Turn and hide my head on your shoulder when I'm afraid of the pop-up toy
 - Use an upset voice and scoot away when you're trying to put my shoes on

Self-Directed Learning

Understanding Messages

- I can use different actions and sounds that show I anticipate what will happen next.
 - Roll over to you when you walk in the room to be near you
 - Start pushing on my tray when I know it's time to get down from my highchair
 - Scoot away quickly and giggle when I hear you say "Gonna get you"
 - Cruise over and pull on your pants when I see you drumming on your lap
 - Hold my arm out to help when you put my shirt on



Creating New Ideas

- I am interested in learning what I can do with objects.
 - Explore your hair by rubbing and holding onto it while you carry me
 - Bang a pot on the kitchen floor to hear the loud sound
 - Splash my bath toys to see what will happen
 - Drop cheerios on the floor and watch the dog come gobble them up
 - Have fun smashing my banana on my tray