

Language

Thread 1) Gestures & Meanings

- I can try to roll over and take or touch a toy that you offer.**
 - Roll over from my tummy to reach toward a bottle you offer me
 - Lean toward you in my support seat and touch the spoon as you offer a bite
 - Turn to my side to touch the cat as it walks by
 - Reach for and grab a washcloth as you wipe my face
 - Roll over from my back and grab for a toy that you place near me



Thread 2) Sounds & Words

- I can use my voice to make different sounds in a variety of activities.**
 - Make happy squealing noises as I look at you
 - Use a whiny voice when I can't reach my pacifier
 - Make raspberry noises while you're changing my diaper
 - Make cooing sounds like "ahhh" when you move close to me
 - Giggle as I splash in the tub

Play

Thread 1) Using Actions with Objects

- I can reach to take and hold an object while on my back or belly.**
 - Reach for my clean diaper while you're changing me
 - Pull and hold the burp cloth on your shoulder while I'm nursing
 - Grab the wet towel when you wipe my face
 - Reach and pull my brother's hair when he lays down next to me
 - Take and hold the stuffed toy you put near me during tummy time



Thread 2) Social Sharing with Objects

- I can enjoy interacting with you while holding an object.**
 - Grasp my spoon with your help, and watch you fix my food
 - Get excited and look to you when I see you coming with my bottle
 - Look at you and coo while I'm patting the dog
 - Use my voice and smile while I hold a rattle
 - Look toward you while I chew on my teething keys

Social Interaction

Thread 1) Social Attention

- I can shift my attention from you to an object and back to you.**
 - Look at the spoon with sweet potatoes on it and then look back at your face
 - Watch you as you change my diapers, then notice the wet wipe you grab, and look back at you
 - Notice you pet the dog, then reach out to the dog and look back at you
 - Watch your face as you undress me, then look at my sock as you pull it off, and back at you as we giggle
 - Look at you, then shift my attention to the colorful block you're holding, and look back at you



Thread 2) Intentional Communication

- I can use my voice and movements when I need something.**
 - Kick my legs and fuss to let you know I'm really hungry
 - Grunt and move my arms when my toy is stuck
 - Reach and use my voice when you're holding something I want
 - Bounce my body and giggle when you pick me up
 - Look at you and use a whiny voice to let you know I'm uncomfortable

Emotional Regulation

Thread 1) Sharing & Managing Emotions

- I can use different sounds to let you know I'm happy.**
 - Look at you and chuckle when you make a silly noise
 - Squeal to show I'm happy when Grandma picks me up
 - Make happy sounds when you hand me my bottle
 - Cackle and wave my arms with excitement when the cat comes near me
 - Make a "mmm mmm" sound when I take a bite of something yummy



Thread 2) Regulating Challenging Moments

- I can start to calm down when I see you coming to comfort me.**
 - Sigh and stop crying when you pick me up and hand me my pacifier
 - Use a softer voice when I see my food is coming
 - Cling to you as we watch the noisy trash truck
 - Lean toward you for comfort when the dog starts barking
 - Settle down in my crib when I hear you singing to me

Self-Directed Learning

Thread 1) Understanding Messages

- I can notice what you say and do and change my expression or action.**
 - Turn toward you when you snuggle beside me
 - Look at you when you say "Uh oh" as my banana falls
 - Pull my leg out as you're taking my pants off
 - Grab my bib as you unsnap it and say "all done"
 - Reach out to touch your hands and smile when you clap and say "Pat a cake"



Thread 2) Creating New Ideas

- I can try different actions and watch to see what happens.**
 - Shake my rattle and notice the noise my rattle makes when I move it
 - Kick the stroller footrest to make a loud thump
 - Mouth a bumpy teether to explore its shape, then bang it on my car seat
 - Squeeze a crinkle toy to hear the noise
 - Wiggle over in my crib to reach my blanket