

Language

Gestures & Meanings

- I can turn toward you and bat at a toy you offer.**
 - Reach both hands toward my bottle when hold it close to me
 - Hold my hands out to touch a mirror we are sitting in front of
 - Bat at the stuffed animals on my play yard
 - Reach to grab your hair and face when you lean down to kiss me
 - Bat at the dog's tail when it wags near me



Sounds & Words

- I can make cooing sounds when I see you or see something interesting.**
 - Gurgle and kick my feet when Grandpa comes up to me
 - Make an "ah" sound when the cat comes near
 - Make cooing sounds when you look at me and bring your face close
 - Make gurgling noises when my sister sings to me
 - Make and "ooh" sound when you bring a favorite toy near me

Play

Using Actions with Objects

- I can mouth or touch an object that you put near me.**
 - Open my mouth and lean into my pacifier when you hold it close to me
 - Grasp a stuffed toy that you put near in my hand
 - Hold and mouth a chew toy that you put near my mouth
 - Open my mouth and bat at/swipe at the spoon as you feed me
 - Grab for the blanket you offer me as I lay down for nap



Social Sharing with Objects

- I can watch and follow a toy move from side to side.**
 - Look at and follow my bottle as you bring it to me
 - I turn and follow a squeaky squirt toy you show me in my bath
 - Watch my brother run around and be silly
 - Kick excitedly when I notice the dog is walking in the room
 - Turn my head and smile when you move my favorite stuffed toy from side to side

Social Interaction

Social Attention

- I can look at you and smile when I'm happy.**
 - Look toward you and smile when you sing my favorite song
 - Notice Grandma on the phone and smile when she talks to me
 - Watch Daddy and smile when he gets my toes
 - Look at you and coo when we hear the dog bark
 - Watch you and smile when you sing to me during a diaper change



Intentional Communication

- I can look at you to keep the interaction going and look away when it's too much.**
 - Turn away and fuss to let you know I'm ready to be done with diaper change
 - Look to you while I'm nursing and enjoy hearing you hum
 - Look away after hearing you sing and clap to let you know I need a break
 - Watch my sisters nearby to show that I'm interested in what they're doing
 - Look at you and smile to let you know I want you to keep making that funny noise

Emotional Regulation

Sharing & Managing Emotions

- I can smile and laugh with you when you make a silly sound or a toy makes a fun noise.**
 - Watch and chuckle when you make funny sounds in the bathroom mirror
 - Look for you and giggle when you cover up your face with a blanket
 - Notice you squeezing my squeaky toy and smile at you
 - Look at my sister and smile when she dances and sings in front of me
 - Turn and notice when you walk in the room and call my name in a sing-song voice



Regulating Challenging Moments

- I can calm down when you rock me, touch me, or make gentle sounds.**
 - Settle onto your shoulder when it's time for nap and you sing softly
 - Sigh and calm down when you pat my back
 - Quiet my crying when you hold me and sway back and forth
 - Calm down when I look and see you coming to pick me up
 - Stop fussing when you get my clean diaper on

Self-Directed Learning

Understanding Messages

- I can notice things that make sounds or move around me.**
 - Look toward my musical toy that you just turned on
 - Notice you when you lean in to my crib to pick up my blanket
 - Watch as my sister comes near my seat and talks to me
 - Notice Grampa walk in the room and call my name while I'm mouthing my teether
 - Watch you reach for my new diaper



Creating New Ideas

- I explore things by touching, batting, and mouthing.**
 - Touch your arm while nursing
 - Flail my arms toward my brother when comes to tickle me
 - Hit at a soft toy that is making a noise
 - Mouth my fingers and toes
 - Touch your face when you lean down to kiss me