

Milestones that Matter Most 21-22 months

Language

Gestures & Meanings

- ☐ I can learn many new words every week <u>and</u> use them to share ideas with you.
- Share my ideas such as big balloon, ride horsey, scary dog
- Comment on things disappearing like bubbles bye-bye, milk gone
- Use more descriptive words like red truck, big ball, mommy up, no night-night
- Use more action words like daddy sweep, mommy up, blocks fall down
- Use words you didn't hear me use last week



Sounds & Words

- ☐ I can use at least 50 words and combine two words to convey different meanings.
- Use phrases to ask for more of something like *more cookie* or *tickle* again
- Use words to share how I feel like sad or mommy happy
- Use words to tell you what happened like daddy work, juice done, truck bye-bye
- Use words to tell you who things belong to like mommy shoe, my cup, doggie ball
- Use word combinations to describe things like

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Using Actions with Objects

- ☐ I can combine two different pretend actions with imagined things in a play scenario.
- Help roll out the Playdoh and cut cookies, then pretend to put sprinkles on and bake them
- Make my toy horse run and then eat pretend grass
- Put on a sheet and pretend it is a cape and I am flying
- Climb on a big box and pretend I am fishing in a boat
- Use a paper towel roll and make noise in it like it's a trumpet and march around

Social Sharing with Objects

- ☐ I can tell you about my play scenario <u>and</u> invite you to play with me.
- Ask you to help me stack up boxes to build a pretend house
- Find a stick and string for each of us and ask you to play fishing with me
- Get my shoes then tell you I want to go outside with you to make mud pies in the sandbox
- Invite you to go on a picnic with my teddy bear and me
- Say Wanna play horsie and ask to climb on your back and pretend you're a horse

Social Interaction

Social Attention

- ☐ I can take a few turns sharing my ideas <u>and</u> listening to your ideas.
- Tell you about my leaf and look to see other things you point to outside
- Show you the buttons on my jacket and then look when you show me the zipper on your jacket
- Look at your new hat and I go get mine to show you
- Point to a train in my favorite book and name it, then turn the page and look at one you point out
- Try to reach the ball that rolled under the counter and ask you to help use my stick to get it

Intentional Communication

- ☐ I can ask you about things that I don't know.
- Say Where kitty when it's time to feed the cat and she is not around
- Say What Grandpa do when he is working out in the garage
- Say What's that when we look at pictures in a book and I don't know the name
- Take turns talking about people we see when we go to Grandma's house
- Ask you what's in a pumpkin pie

Emotional Regulation

Sharing & Managing Emotions

- ☐ I can use my words to ask you to help me get motivated or settle down.
- Bring my shoes to you and say *Help Mommy* when I get frustrated trying to put them on myself
- Say *Push me* to get you to help me scoot my chair closer to the table so I can play with my big sister
- Ask to take my favorite book in the car when you tell me it's time to go pick up Daddy
- Say Purple spoon when you tell me it's time to take my medicine
- Say No read books when you ask if I'm all done after I push the books away



Regulating Challenging Moments

- ☐ My very upset moments are getting briefer and I can flow with unpleasant or unexpected situations.
- Get mad when you say All done watching TV but calm down when you give me choices of other things to play with
- Get upset when we can't go outside to play because it's raining but feel better when you suggest we bake cookies
- Begin to cry then ask you for a kiss and Band-Aid when I fall down and skin my knee
- Help clean up my toys even though I protest that I want to do something else
- Calm down by sitting in my rocking chair with my doll, when the smoke alarm goes off and scares me

Self-Directed Learner

Understanding Messages

- ☐ I can observe and listen to you to know what I am supposed to do <u>and</u> go along with your plan.
- Get my backpack and go to the door when you say It's time to go
- Clean my face when you ask me to, then wipe my tray
- Get the watering can, fill it up, and help you water plants in the garden
- Watch you when we play *Itsy Bitsy Spider* and try to make the up and down hand movements
- Watch you stir, scoop, and pour batter into the pan and then take a turn when we make pancakes together



Creating New Ideas

- ☐ I can come up a creative idea and let you know my plan.
- Put a blanket over the table and crawl under it to show you the tent I made
- Show you the dirt on the floor and tell you I'm going to get the broom
- Ask you to push the big stroller while I push my doll in the little stroller
- Try to dig a hole with the big shovel and fill up the wagon with dirt to move it to the driveway
- Turn my book into a ramp and show you how fast I can make my toy car roll down