

Milestones that Matter Most 19-20 months

Language

Gestures & Meanings

- ☐ I can use my words to share something interesting and to protest something I don't want.
- Use my words to ask for juice or a snack when I am hungry
- Say no, mine, or stop when I want you to stop doing something
- Say no, gone, or hye-hye when I don't want something you have offered
- Use words to show you something that just happened like uh-oh juice, truck beep-beep
- Say that or the object name to point out something interesting



Sounds & Words

- ☐ I can use at least 20 words to name people, animals, body parts, objects, actions, <u>and</u> places.
- Name things that we have seen together like horsie, bird, cow, doggie, bunny
- Use names for more people like Mimi, Nana, Pop-Pop, brother, and sister
- Use descriptive words like mine, big, hot, dirty
- Use action words like do, help, see, push, open, kiss, go, sleep
- Name places we go together like outside, park, store, Papa house

Plav

Using Actions with Objects

- ☐ I can pretend using actions with imagined things from less familiar activities.
- Pour pretend batter into a pan and flip the pancakes when you tell me they're ready
- Pretend to give my teddy bear a shot, then offer him a hug to comfort him
- Cook some pretend soup in a pan, scoop a spoonful, and blow on it before feeding my stuffed animal
- Spread my arms and pretend to fly like the other kids at the park
- Pretend to make my toy fish swim under water and then do a flip when I am in the bathtub



Social Sharing with Objects

- I can combine different types of materials to create a play scenario with you.
- Put blocks on a plate and pretend I'm eating cookies with you
- Make a pretend road with blocks and take turns pushing my truck down the road
- Make a pizza out of sand, sticks, grass, and acorns and offer you some
- Put on a hat and hold a long tube and show you how I pretend to be a firefighter putting out a fire
- Dress up in your scarf and boots and pretend to visit Grandma

Social Interaction

Social Attention

- ☐ I am eager to share my interests and ideas with you.
- Say Woof-woof, doggie to tell you about the dog I saw outside
- Say Mama, pat-pat to share excitement about helping you flatten out the pizza dough
- Show you my crayon drawing and say Mama, Dada, house to describe it
- Say Red leaf and show you a special leaf I found while raking leaves together
- Pull the stool over and say My help to ask if you can drop your clothes into the washing machine



Intentional Communication

- ☐ I can persist in communicating my message to you.
- Say More juice, more apple juice and then show you my empty cup to make it clear I need more juice
- Call Mommy, mommy and then say Come Get Me when I wake up in my crib
- Say *No-no Daddy* and shake my head to let you know I don't want you to leave for work
- Say Help, My do, Puzzle no, when I try but can't get the puzzle piece to fit in
- Say Keep light on when you put me to bed and add My scared, Mommy to let you know why

Emotional Regulation

Sharing & Managing Emotions

- ☐ I can share enjoyment with my words <u>and</u> gestures and stay engaged in the activity with you.
- Look at an animal book with you, show you animals I like, and make the animal sound when you point to a picture
- Enjoy having a snack with you and imitating new words like open, pour, take one, crunchy
- Sing along, clap, and pretend to play my guitar with you when we listen to our favorite music
- Call out Where are you and wave for you to come as we search for big brother in the back yard
- Say Silly when you put Mr. Potato Head's foot in the wrong place, then point to where it's supposed to go



Regulating Challenging Moments

- ☐ I can say or do something that helps me manage my emotions <u>and</u> stay focused in a necessary activity.
- Ask for my favorite blanket to calm me when it's time to come in from playing outside
- Say My help when I pull the laundry hamper down the hall and wait for you to show me which clothes go in
- Settle down and let you help me get into another activity when I'm upset that an activity has ended
- Ask you to come help after I spill my Cheerios and then help sweep them up
- Pick out a washcloth from the closet and ask for bubble soap while you fill the tub with water

Self-Directed Learner

Understanding Messages

- ☐ I can follow simple directions when you ask me to do something.
- Take the washcloth and wipe my face when you ask me to.
- Throw something away when you say Please pick it up, take it to the kitchen, and put it in the trash
- Go to the cupboard, open it, and give the dog a treat when you ask me to
- Pull my socks and shirt off when you ask me to get ready for bed
- Put the toys in a box and put the box on the shelf when you ask me to pick up my toys



Creating New Ideas

- ☐ I can recognize a problem or challenge <u>and</u> try to figure out what to do.
- Look all over the house to find my shoes when you tell me it's time to go outside
- Go to the kitchen and get a towel to wipe up the juice I spilled
- Lift the pillows on the couch to search for my toy plane
- Try a few different pieces to fix my toy train track
- Try hard to push the door and then ask for help to open it so I can go outside with Grandpa