

**Language**

**Gestures & Meanings**

- I can use symbolic gestures to share ideas with you.**
  - Give you a *high five* when we celebrate
  - Pinch my nose when I notice something stinky
  - Point to a bird I see outside the window so you will notice it
  - Nod my head or give a *thumbs-up* to answer *yes*
  - Shrug my shoulders as if to say *I don't know*



**Sounds & Words**

- I can use at least 5 different words that mean something to both of us.**
  - Say *hi* and *bye* to greet people
  - Use words to request things I want like *ball, eat, banana*
  - Say *no* or *bye-bye* to let you know I do not want something
  - Use words for important people or animals like *mommy, auntie, dada, doggie*
  - Say *more* or *again* to ask for more or another turn

**Play**

**Using Actions with Objects**

- I can use pretend actions with objects that have imagined things from everyday activities.**
  - Pretend to *stir* with a big spoon and scoop pretend food onto a plate when we play picnic
  - Feed my teddy bear with pretend milk in a bottle
  - Pretend to pour juice into a cup and take a drink
  - Push a toy train and make a *Choo-Choo* sound
  - Put my feet in boxes and pretend they are shoes



**Social Sharing with Objects**

- I can use objects in a silly, playful way and in a way that helps you get things done.**
  - Put a cracker on my nose to be silly and get your attention while eating my snack
  - Put a box on my head to hide and to initiate peek-a-boo
  - Push the laundry hamper down the hallway and say *vroom-vroom*
  - Wipe my tray with a paper towel then crumble it up like a ball and toss it in the trash
  - Help you sweep the floor with a broom and then try to hold the dustpan

**Social Interaction**

**Social Attention**

- I can communicate to get your attention and check in with you regularly.**
  - Call out for you when I wake up from my nap
  - Say *Mama* to get your attention while you're washing dishes and then ask for more juice
  - Look at you to check in while I am sitting across the room with Aunt Maria
  - Look at you and tap your arm to show you how I make my bath toy squirt
  - Call for you and wave when you come to pick me up from daycare



**Intentional Communication**

- I try to figure out what you mean and keep the interaction going.**
  - Put on my shoes when you point to them and say *Let's get ready to go outside*
  - Hold out my hands to get the next apple and put it in the bag at the grocery store
  - Pick up my clothes when you ask me to help you put them all in the laundry hamper
  - Watch and listen when we play *Ring-around-the-Rosie* to know when to stop and fall down
  - Shrug my shoulders when you ask me something I don't understand

**Emotional Regulation**

**Sharing & Managing Emotions**

- I can stay active and engaged with you in fun situations and in necessary activities.**
  - Hang in there with you while we get all of the laundry out of the dryer
  - Work with you to get all of the toys picked up before we go outside
  - Help you water the plants outside with my little watering can
  - Get motivated to brush my teeth when you sing a tooth-brushing song
  - Go along with putting my shoes on even though I'd rather wear my boots



**Regulating Challenging Moments**

- I can tolerate you helping me stick with a task, even when I am upset.**
  - Let you finish cleaning my face with a cloth after I protest and push it away
  - Let you blow bubbles if I can hold the bubble wand when I am frustrated that I can't do it
  - Help you put my toys away even though I am not ready to take a bath
  - Let you guide me back inside even though I'm whining and want to stay outside and play
  - Let you help me with my spoon for a few bites even though I'm frustrated and want to do it myself

**Self-Directed Learner**

**Understanding Messages**

- I can respond when you talk to me and share my ideas with you.**
  - Respond by saying *Yummy* when you ask about my yogurt
  - I point and say *Tree, uh oh*, when we discover a big limb that fell down in our yard
  - Say *Puppy night-night* and use the *shhh* gesture when you show me a picture of a dog sleeping
  - Say *No* with a fussy voice when you tell me it's almost time to leave the park
  - Pull up the stool and say *Help* when you tell me it's time to wash the dishes



**Creating New Ideas**

- I can be productive doing my job and stand my ground with you.**
  - Take the comb and say *Mine* when you try to help because I want to do it myself
  - Insist I take my favorite cup to the sink instead of you taking it
  - Pull my hands away and say *Me wash* because I want to show you I can wash my hands
  - Help pull the clothes out of the dryer and insist on being the one to close the door when we're done
  - Tell you I want to pull my pants up by myself while you help me get them on