

Milestones that Matter Most 13-14 months

Language

Gestures & Meanings

- ☐ I can learn new gestures like clapping and blowing a kiss by watching and imitating you.
- Watch you clap your hands and try to do it myself
- Try to wave when I see you wave goodbye to Grandma
- Watch you blow a kiss and try to do it, too
- Try to imitate when you show me simple gestures like *shhh* or *stinky*
- Imitate some of your motions when we sing Itsy Bitsy Spider



Sounds & Words

- ☐ I can use a few protowords or early forms of words in familiar situations.
- Say uh-oh when something drops
- Say baba when I want my bottle
- Try to say vroom vroom when I push a toy car
- Make animal sounds when we see animals in a favorite book
- Imitate night-night when you put me to bed

Play

Using Actions with Objects

- ☐ I can use functional actions with you or a stuffed animal.
- Brush your hair after watching you brush mine
- Take a bite and then feed you with a spoon
- Take my hat off and put it on your head
- Try to put my sunglasses on my Teddy Bear
- Cover my baby doll with a blanket and pat her to sleep

Social Sharing with Objects

- I can learn new actions with objects by watching and imitating you.
- Build a tower with blocks by taking turns with you
- Put toy animals in a truck and push it after watching you do it
- Watch Grandma put on her shoes and then try to put mine on too
- Babble on my toy phone while you talk on your phone
- Wipe my tray with a wet cloth after watching you do it

Social Interaction

Social Attention

- I can watch you <u>and</u> imitate what you do and say.
- Watch you blow a kiss, and try to do it myself
- Hear you call the dog and imitate calling the dog's name
- Watch you move your hands and try to open and close my hands while we sing Twinkle-Twinkle Little Star
- Pretend to talk on a phone like I've watched you do before
- Say bye-bye after you say it when we wave goodbye to Grandma

Intentional Communication

- ☐ I can communicate to share my enjoyment and interests with you.
- Open my animal book and say "woof-woof" to get you to look at the dog picture
- Say yum-yum and look at you when I see my yogurt snack
- Point to the mail truck out the window and look back at you to make sure you saw it too

Emotional Regulation

Sharing & Managing Emotions

- ☐ I can seek out situations that are fun, invite you to join me, and insist on being part of the action.
- Pick out my favorite puzzle and bring you a puzzle piece to ask you to play with me
- Climb in a cardboard box, look at you, and say Ron-ron to ask you to sing the Ron your Boat song
- Point to a puddle while we are walking outside to ask to splash
- Crawl over to you while you're putting clothes in the dryer and ask to push the button
- Reach for your sunglasses and try to put them on to make you laugh



Regulating Challenging Moments

- ☐ I can make it clear to you that I do not "want" something or do not want "to do" something.
- Say no-no and turn my head away when you offer me food I don't want
- Shake my head and push the washcloth away when I am playing in the bathtub
- Say all done and help clean up when I am done playing blocks
- Protest and pull my spoon away when I want to keep eating
- Whine and hug you because I don't want you to put me down to sleep

Self-Directed Learner

Understanding Messages

- ☐ I can listen to you <u>and</u> try to figure out your message.
- Try to follow your requests when it's time to get dressed, like Give me your arm, Where's your foot, Pull up
- Help wipe my face and tray when you tell me it's time to clean up from lunch
- Listen and try to follow your rhythm when we play music together
- Try to name the animals in my picture book when you say What's this
- Throw away the piece of paper I found on the floor when you tell me to



Creating New Ideas

- ☐ I can communicate my preference when you offer several choices or let you know I want something else.
- Use my voice and point to the book I want when you offer me a few books
- Say *no* and push away the cereal I don't like, then reach for the
- Say *Quack-quack* for my toy duck when you ask what I'd like to carry to the bathtub
- Point and say *Dat* when you give me a choice of shoes to wear outside
- Reach and say *Sning* when I want to get out of the wagon and get in the swing