

Language

Gestures & Meanings

I can orient toward your voice and change what I'm doing in response to you.

- Smile at you when you come to kiss me
- Watch you as you wipe me down with a cloth
- Look at you and smile when you sing to me
- Turn toward you when you come close and call my name
- Move my arms when Grandpa calls my name and reaches for me



Sounds & Words

I can make gurgling sounds when I'm happy and different cries when I'm upset.

- Make a loud cry when my needs are urgent, like when I'm hungry or in pain
- Whine and fuss when you change my diaper
- Control my cry and begin to use happy sounds when you comfort me
- Make happy gurgling sounds when you pick me up after a nap
- Make a whiny or sleepy cry when I'm tired and squeal when I'm excited

Play

Using Actions with Objects

I can move my fingers and bring my hands to my mouth.

- Bring my fist to my mouth and suck on it
- Grasp your finger when you stroke my hand
- Close my fingers around the chew toy you offer to me
- Grasp at your hair when you're holding me
- Grab my toes and bring them to my mouth



Social Sharing with Objects

I can easily look at faces and objects that are near me.

- See the toy my sister holds up to show me, then look back at her face
- Look at the shapes on my crib sheets and then up to you as you approach my crib
- Notice the ceiling fan but quickly turn to you when I see your face
- Look toward my new diaper you just picked up, then back up to you
- Notice the pattern on your shirt while I'm nursing, but prefer to linger on your face

Social Interaction

Social Attention

I am drawn to look at your face when you are holding me or come near me.

- Look at you while your holding me
- Notice you as you change my diaper
- Notice my sister as she reaches for my toes
- Watch as you walk toward me in my crib
- Look toward Grandpa as he reaches for me



Intentional Communication

I can make sounds and move my arms and legs when I'm excited.

- Coo and move my arms when I see my favorite chew toy
- Kick my legs and make gurgling sounds when I'm happy to see you
- Squeal when the dog comes up to me
- Stretch my legs and make happy noises when I wake up
- Lift my head during tummy time when I see you in front of me

Emotional Regulation

Sharing & Managing Emotions

I can smile back at you when you smile at me.

- Smile at you when you come close and squeeze my toes
- Notice and smile when you hide behind your hands and then smile
- Watch my brother make funny faces and smile back at him
- Take a break while drinking my bottle and grin at you when you sing to me
- Smile back at you when lean down to change my diaper and talk to me



Regulating Challenging Moments

I can calm myself briefly by putting my hands in my mouth and sucking on my fingers.

- Settle myself during a diaper change by sucking on my fist
- Suck on my fingers while you're putting my socks on
- Calm down when you help me find my toes
- Settle my fussing when I start nursing
- Mouth my fist to keep myself busy

Self-Directed Learning

Understanding Messages

I notice you and turn my head toward you when I hear your voice.

- Become quiet when I hear your voice
- Grin when I hear Grandma sing to me
- Notice you talking to me when you come to pick me up
- Look toward my brother when he laughs near me
- Turn toward you when you're close to me and linger on your eyes and face



Creating New Ideas

I explore my body by touching and mouthing.

- Kick my feet in my crib
- Stretch my arms out in front of me
- Mouth my fist to explore it and find my fingers
- Grab my toes and suck on them
- Accidentally bat at my musical toy and notice the sound it makes